

We're Here For You

Gestational Diabetes Support and Next Steps

Axia Women's Health is proud to partner with Simplex Health to provide insurance-funded support in managing your gestational diabetes.



What's next?

- Simplex Health will call you to schedule your nutrition and glucometer appointments.
- A member of the Simplex team will also send a script to your preferred pharmacy for a glucometer that you will be able to pick up.
- Next, you'll meet with your Simplex dietitian for 15–30 minutes to learn how to use your glucometer and track glucose logs in their app.
- At your second visit, your Simplex dietitian will review your health history and lab work, and assign a Simplex nutrition plan specific to you.

You'll continue to meet weekly with your dietitian to keep your glucose numbers in check. Plus, your OB/GYN provider will be able to track your progress thanks to automatic glucose log and chart note sharing.

In the meantime:

- Download the Simplex Health app.
- Watch the video at simplexhealth.com



Scan to access the Simplex Health app, available on iOS and Android

