

ULTRASOUND PREPARATION INSTRUCTIONS

- Your ultrasound will be performed in our office by Abington Perinatal Associates' sonographer and read by their perinatologists. A report will be given to your obstetrician following the exam.
- Please arrive with a full bladder and on time for your ultrasound
- **IF YOU ARE 15 MINUTES LATE, YOU MAY BE ASKED TO RESCHEDULE**
- **1 ADULT support person permitted in the exam room**
- **NO CHILDREN PERMITTED IN EXAM ROOM**
- **NO VIDEOS/PICTURES ARE PERMITTED DURING THE MEDICAL EXAM**
- **If you have an OB appointment as well as an ultrasound, please do not empty your bladder prior to your scan.**

PREPARATION:

- Begin with an empty bladder
- Start drinking 1 hour before your appointment time and finish in 30 minutes

0-15 weeks – 30 ounces of water
16-24 weeks – 20 ounces of water
25-40 weeks – 10 ounces of water

If you have any questions or need to reschedule, please contact our office at **267- 946-5200**.